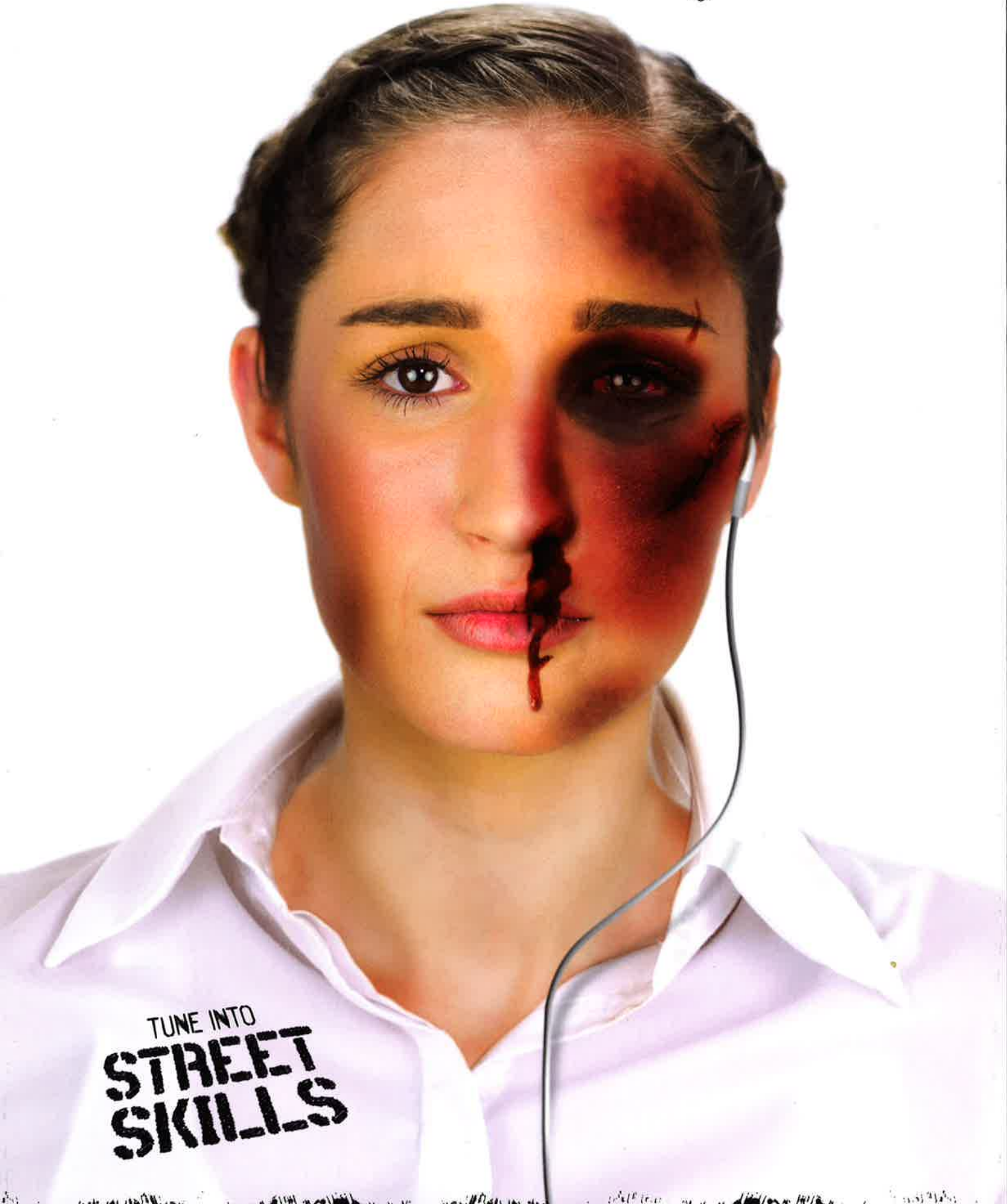




Portsmouth
CITY COUNCIL



TUNE INTO
**STREET
SKILLS**

WELCOME TO STREET SKILLS

Street Skills is a free road safety programme for Year 7 to Year 10, run by Portsmouth City Council.

It is a free and engaging in-school programme that discusses the dangers of being distracted at the roadside. Assemblies, workshops, special events, videos and other materials demonstrate why it's important to pay attention to the road - whether travelling by foot, bike, or car - and how to stay safe. All our materials are designed specifically for each year group, so the **Street Skills** programme is always engaging and suitable.

Street Skills gives students the opportunity to develop a safer lifestyle and is intended to stay with them as they become young cyclists and motorists. It fully supports curriculum targets by promoting positive moral, social and cultural development, and prepares students for the new responsibilities and experiences they are likely to encounter as they become more independent.

A **Street Skills** Road Safety Officer can come to your school to run some of these sessions and answer pupil's questions if available. It is also possible to send you the materials, lesson plans etc. to help you hold your own assemblies and workshops.

Have a look through this booklet and see what the **Street Skills** programme can offer your year groups. We look forward to helping your school spread the word about road safety. **If you require additional road safety resources, please contact us to discuss your requirements further.**

The Road Safety Team
Portsmouth City Council

YEAR 7

Journey Planner
Bikeability Training
Cycle Challenge

YEAR 8

Be safe be seen

YEAR 9

Distractions

YEAR 10

Young Drivers

YEAR 7

JOURNEY PLANNER

To be delivered in the Autumn Term

This session has been designed to reinforce road safety knowledge delivered at KS2.

Pupils are asked to consider the route to their new school and to identify potential risks they may be faced with as pedestrians or cyclists.

Overall aims of the session include:

- Reinforcing good practice learnt from KS2
- Identification of personal risks faced on their journey to school
- Understanding actions that could help reduce these risks and therefore increase their safety

Pupils will be able to explore their own knowledge of road safety against actual statistics.

Pupils will be encouraged to participate in group discussion, undertake independent tasks and to reflect on their knowledge.

Lesson plan and PowerPoint are available to support the session and an A4 grid for pupils is available at <http://think.direct.gov.uk/resource-centre/key-stage-3/planning-a-journey> (worksheet TRC054).



BIKEABILITY TRAINING

Cycling proficiency for the 21st century!

Year 7 Bikeability Training is delivered one-to-one or in groups of up to 3 so it can be tailored to individual training needs. Level 3 training covers:

- Complex junctions and road features such as roundabouts, multi-lane roads and traffic lights
- How and when to pass queuing traffic
- Driver blind spots
- Planning safe routes to school, work or elsewhere on any roads
- Identifying and dealing with hazards
- Interpreting road signs

YEAR 8

BE SAFE BE SEEN

Assembly to be delivered in the autumn term

An interactive assembly (to be delivered in house*) focusing on the importance of being seen on the way to and from school.

The assembly is designed to make pupils think about how weather conditions can affect visibility and therefore the ability for drivers to see them.

The aim is for pupils to realise that simple changes to what they wear to and from school can increase their safety.

Being safe and seen needn't cost the Earth!

Assembly plan, PowerPoint, resources & reflective snap bands are all available to support the session.

**The assembly can be delivered by Heads of Year/ House. However, there is also potential for selected year 11's to deliver the assembly and use as evidence in their Progress File.*



Reflective
snap bands
to give
away

YEAR 9

DISTRACTIONS



An interactive workshop centred on a short film 'Ghost Street' and delivered by our road safety team. The session is designed to encourage year 9 students to think about how simple distractions (using mobile phones, listening to music, chatting etc.) can lead to big problems for them as individuals and their wider friendship groups. The workshop encourages independent thought, discussion and group work opportunities.

Overall aims of the workshop include:

- **Identifying the main distractions leading to accidents on the road**
- **Understanding the consequences of not making the right decision**
- **Taking responsibility for their own safety**

The workshop uses living graphs to establish student's behaviour on the roads at the start and end of the session. It also asks them to consider the main cause of each accident and decide how they could act to change the outcome. Responsibility for actions is also considered, reinforcing the need to give the road their full attention.

The workshop can be adapted to suit timetables and class sizes, with a follow up session complete with lesson plan, resource and PowerPoint available if required. The session is designed to last for 50 minutes.

YEAR 10

YOUNG DRIVERS

An interactive workshop delivered by our road safety team. The session is centred on a graphic 30 minute film (Cow), which covers driving distractions. The story is of a fictional character known as Cow, whose life is left devastated after she kills her two best friends while texting & driving.

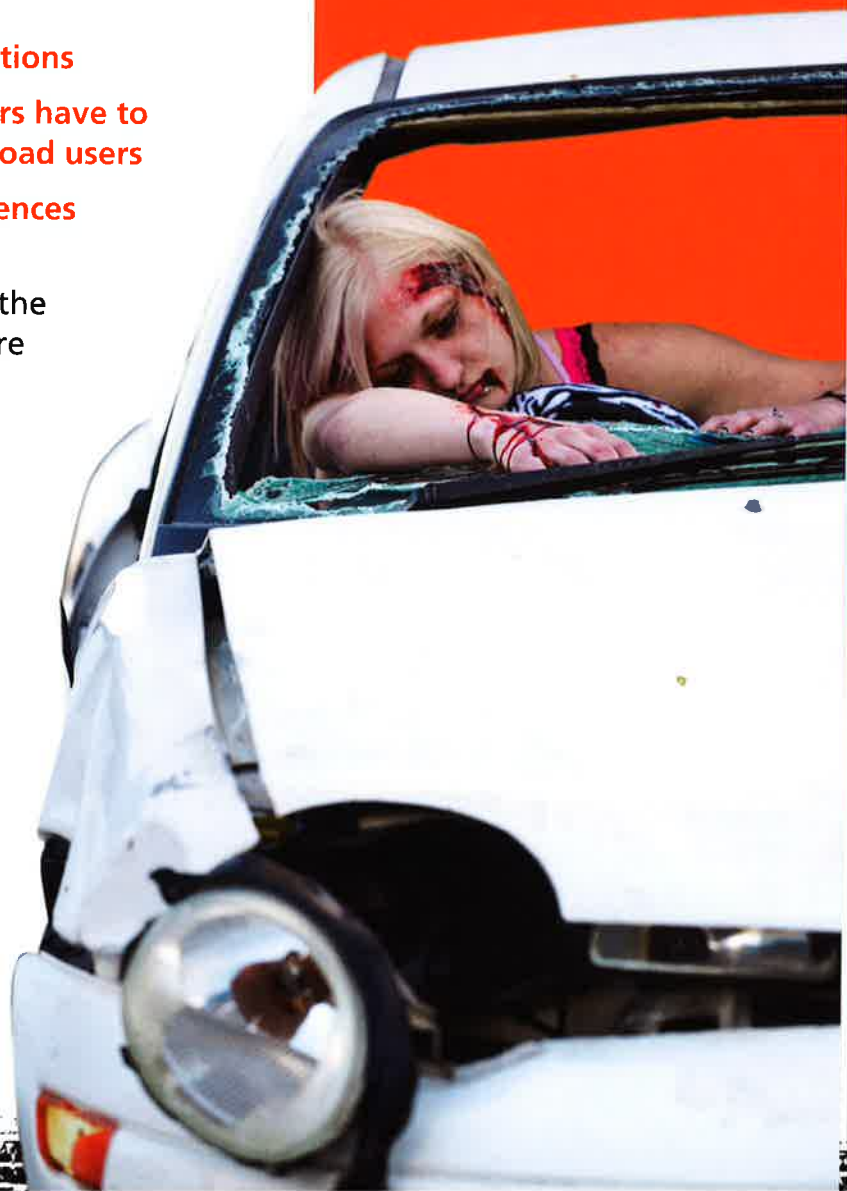
Overall aims of the workshop include:

- **Identification of potential driving distractions**
- **Considering the responsibilities car drivers have to themselves, their passengers and other road users**
- **Understanding the far reaching consequences resulting from a serious car accident**

The session also asks pupils to explore how the accident could have been avoided and where responsibilities lie.

Please be aware that this is a hard hitting film and pupils may become upset.

The workshop is designed to last for 50 minutes but could potentially be adapted to meet timetable restrictions.



INTER-SCHOOL CYCLE CHALLENGE

Every June, Year 7 pupils from across Portsmouth compete on one of the best outdoor cycle velodrome facilities in the UK for the chance to be crowned Inter-School Cycle Challenge Champions.



Photos
from Cycle
Challenge
July
2013

Challenges vary from team trials, individual skill tests, obstacle courses, mechanical tutorials and road safety quizzes (think a fun sports day with bikes). There's even a pedal powered Smoothie Maker to play with!

The event provides a fun and educational experience for all those that attend.

Please note the event is open to a maximum of 10 Year 7 pupils plus 2 adult helpers. Participants must have a road-worthy bicycle and a helmet.



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